

## **Are You Ready ?????**

### **Ten (10) Suggestions when preparing for an emergency:**

- At least a 3 day supply of water (1 gallon per person per day)
- A 3-5 day supply of non-perishable packaged or canned food and non electric can opener and plastic utensils.
- Rain gear, sturdy shoes and a change of clothes, underwear and hygiene products.
- Blankets, bedding or sleeping bags.
- A first aid kit and prescription medications.
- A list of family physicians and important medical information.
- Special items for infants, pets, the elderly, the infirmed and family members with disabilities.
- A battery –powered radio, flashlight and plenty of batteries; tools duct tape pen and paper and household bleach.
- Identification, credit cards, cash and photocopies of important family documents including insurance information.
- And an extra set of car and house keys.